


MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
3	Chicken Breast in Country Gravy Mashed Potatoes Pineapple Tidbits WG Breadstick Milk	4	Ground Beef Philly Sandwich Loaded Mash Potatoes Fresh Apple WG Hot Dog Bun Milk	5	WG Chicken Nuggets - CN Peas & Carrots Sliced Peaches Milk	6	Beef Taco Cass. w/ WG Rotini Pasta Corn Fresh Orange Milk	7	Hamburger Patty with Marinara Italian Potato Wedges Fresh Pear WG Breadstick Milk
10	WG Chicken Tenders - CN Mashed Potatoes Cinnamon Apples Milk	11	Breakfast for Lunch! Cheese Omelet - CN in Cheese Sauce Breakfast Potatoes Apricot Halves WG Blueberry Muffin Top Milk	12	Meatballs in Gravy over Mashed Potatoes Fresh Apple WG Bread Slice Milk	13	BBQ Chicken Breast Sandwich Coleslaw Fresh Orange WG Hamburger Bun Milk	14	Three Meat Pizza Pasta Casserole with WG Rotini Mixed Greens Salad Ranch Dressing Fresh Pear Milk <i>Holiday Treat!</i> WG Chicken Nuggets - CN Diced Potatoes Fresh Pear Milk
17	Hamburger Patty-CN BBQ Baked Beans Tropical Fruit Mix WG Hamburger Bun Milk	18	Chicken Fajita Bowl with Peppers, Onion & Brown Rice Pinto Beans Fresh Apple Milk	19	WG Mac & Cheese Mixed Vegetables Pineapple Tidbits Milk	20	Sweet & Sour Meatballs - CN Peas & Carrots Fresh Orange WG Breadstick Milk	21	 WG Chicken Nuggets - CN Diced Potatoes Fresh Pear Milk
24	Sloppy Joe Sandwich Scalloped Potatoes Sliced Peaches WG Hamburger Bun Milk	25	Chicken Breast in Gravy Mashed Potatoes Fresh Orange WG Dinner Roll Milk	26	Chicken & Waffles! WG Chicken Tenders Belgian Waffle Honey Glazed Carrots Fresh Apple Milk	27	Beef & Shredded Cheese Tacos Corn Fresh Pear WG Tortilla Shell Milk	28	Chicken Pot Pie over Mashed Potatoes Strawberries & Mango WG Dinner Roll Milk



Ground Beef Philly			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	16	80.0%	
Peppers & Onions	2	10.0%	
Canned Queso Sauce	2	10.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	4		3.2
School K-8	4		3.2
Daycare 6-12	4 - #8		3.2
Daycare 3-5	3 - #12		2.4
Daycare 1-2	2 - #16		1.6

Beef Taco Casserole			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	8.7	43.5%	
Pasta WG Rotini	5	25.0%	
Sauce Mix Cheese	4	20.0%	
Diced Onion	0.8	4.0%	
Diced Tomato	0.8	4.0%	
Diced Pepper	0.7	3.5%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.5	2.6
School K-8	6	1.5	2.6
Daycare 6-12	5 - #6	1.2	2.1
Daycare 3-5	4 - #8	1	1.7
Daycare 1-2	3 - #12	0.7	1.3

Three Meat Pizza Pasta w/ Rotini			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	4	20.0%	
Sausage Ground Precooked	4	20.0%	
Pepperoni Sliced	1.6	8.0%	
Sauce Maminara All Purpose	3.2	16.0%	
Sauce Alfredo	3.2	16.0%	
Pasta WG Rotini	4	20.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.2	2.4
School K-8	6	1.2	2.4
Daycare 6-12	5 - #6	1	2
Daycare 3-5	4 - #8	0.8	1.6
Daycare 1-2	3 - #12	0.6	1.2

Chicken Fajita Bowl			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Chicken Meat Diced	9	45.0%	
White Rice	4	20.0%	
Vegetable Peppers & Onions	4	20.0%	
Fiesta Queso Blanco Sauce	3	15.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.2	2.7
School K-8	6	1.2	2.7
Daycare 6-12	5 - #6	1	2.2
Daycare 3-5	4 - #8	0.8	1.8
Daycare 1-2	3 - #12	0.6	1.3

Macaroni & Cheese			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Cheese American Loaf	8	40.0%	
Pasta WG Elbow Noodle	4	20.0%	
Mix Cheese Sauce	4	20.0%	
Canned Cheese Sauce	2	10.0%	
Water	2	10.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.2	2.4
School K-8	6	1.2	2.4
Daycare 6-12	5 - #6	1	2
Daycare 3-5	4 - #8	0.8	1.6
Daycare 1-2	3 - #12	0.6	1.2

Sloppy Joe			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	15.2	76.0%	
Sauce BBQ	2.2	11.0%	
Tomato Paste	1.6	8.0%	
Diced Onion	0.5	2.5%	
Diced Green Pepper	0.5	2.5%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	4		3
School K-8	4		3
Daycare 6-12	4 - #8		3
Daycare 3-5	3 - #12		2.2
Daycare 1-2	2 - #16		1.5

Chicken Pot Pie			
BATCH YIELD (LBS)	10		
INGREDIENTS (LBS)			
Chicken Meat Diced	4	40.0%	
Mix Chicken Gravy	4	40.0%	
Vegetable Mix 5 Way	2	20.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6		2.4
School K-8	6		2.4
Daycare 6-12	5 - #6		2
Daycare 3-5	4 - #8		1.6
Daycare 1-2	3 - #12		1.2