



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
28	<b>Meatballs in Swedish Sauce - CN</b> Mashed Potatoes Sliced Peaches WG Breadstick Milk	29	<b>Pulled Chicken Sandwich</b> Scalloped Potatoes Fresh Orange WG Hamburger Bun Milk	30	<b>Sliced Deli Turkey American Cheese(.67oz) on WG Bun</b> Coleslaw Strawberry Applesauce Milk	31	<b>Ham &amp; Au gratin Potatoes</b> Peas & Carrots WG Breadstick Milk <i>Holiday Treat!</i>	1	<b>WG Chicken Nuggets - CN</b> Corn Fresh Banana Milk
4	<b>Sloppy Joe Sandwich</b> Corn Pineapple & Strawberries WG Hamburger Bun Milk	5	<b>Chicken Breast in Country Gravy - CN</b> Mashed Potatoes Fresh Apple WG Dinner Roll Milk	6	<b>WG Spaghetti &amp; Beef Sauce</b> Mixed Greens Side Salad Ranch Dressing Fresh Banana Milk	7	<b>BBQ Pork Rib Patty - CN</b> BBQ Baked Beans Fresh Orange WG Hot Dog Bun Milk	8	 <b>Hamburger Patty in Tomato Gravy - CN</b> Scalloped Potatoes Fresh Pear WG Dinner Roll Milk
11	<b>Beef &amp; Cheese Taco</b> Shredded Cheese Pinto Beans Mandarin Oranges WG Tortilla Shell Milk	12	<b>WG Cheeseburger Mac Casserole</b> Green Peas Fresh Apple Milk	13	<b>WG Chicken Tenders - CN</b> Diced Carrots Fresh Banana Milk	14	<b>Chicken Breast in Cheesy Broccoli Sauce</b> Diced Potatoes Fresh Orange WG Breadstick Milk	15	<b>Beef &amp; Three Bean Chili</b> Mixed Greens Side Salad Ranch Dressing Fresh Pear WG Dinner Roll Milk
18	<b>BBQ Meatballs - CN</b> Au gratin Potatoes Pineapple Tidbits WG Breadstick Milk	19	<b>Cheeseburger - CN</b> American Cheese Slice Potato Salad Fresh Banana WG Hamburger Bun Milk	20	<b>WG Chicken Nuggets - CN</b> Diced Carrots Fresh Pear Milk	21	<b>Pulled Chicken Sandwich</b> Green Beans Fresh Orange WG Hamburger Bun Milk	22	<b>Chicken Breast - CN w/ Cordon Bleu Sauce</b> Mashed Potatoes Fresh Apple WG Breadstick Milk
25	<b>Beef Hot Dog - CN</b> Cheesy Hashbrowns Diced Pears WG Hot Dog Bun Milk	26	<b>WG Mac &amp; Cheese</b> Mixed Green Side Salad Ranch Dressing Fresh Orange Milk	27	<b>Chicken Dressing Casserole</b> Green Beans Strawberries & Mango WG Dinner Roll Milk <i>Bonus Holiday Treat!</i>	28		29	

<b>Ham &amp; AuGratin Potato</b>			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Ham Meat Diced	9	45.0%	
Potato AuGratin Dehydrated	11	55.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6		2.7
School K-8	6		2.7
Daycare 6-12	5 - #6		2.2
Daycare 3-5	4 - #8		1.8
Daycare 1-2	3 - #12		1.3

<b>Sloppy Joe</b>			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	15.2	76.0%	
Sauce BBQ	2.2	11.0%	
Tomato Paste	1.6	8.0%	
Diced Onion	0.5	2.5%	
Diced Green Pepper	0.5	2.5%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	4		3
School K-8	4		3
Daycare 6-12	4 - #8		3
Daycare 3-5	3 - #12		2.2
Daycare 1-2	2 - #16		1.5

<b>Spaghetti &amp; Meat Sauce</b>			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	10	50.0%	
Pasta WG Spaghetti Noodles	4	20.0%	
Sauce Spaghetti Red. Sodium	6	30.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.2	3
School K-8	6	1.2	3
Daycare 6-12	5 - #6	1	2.5
Daycare 3-5	4 - #8	0.8	2
Daycare 1-2	3 - #12	0.6	1.5

<b>Cheeseburger Macaroni</b>			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	8	40.0%	
Pasta WG Elbow Noodle	6	30.0%	
Cheese American Loaf	3	15.0%	
Mix Cheese Sauce	1.5	7.5%	
Canned Cheese Sauce	1.5	7.5%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.8	3.3
School K-8	6	1.8	3.3
Daycare 6-12	5 - #6	1.5	2.7
Daycare 3-5	4 - #8	1.2	2.2
Daycare 1-2	3 - #12	0.9	1.6

<b>Beef &amp; Bean Chili</b>			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	5	25.0%	
Bean Chili	4	20.0%	
Bean Kidney	3.8	19.0%	
Bean Black	3.8	19.0%	
Sauce Tomato	2.2	11.0%	
Diced Pepper	0.4	2.0%	
Diced Onion	0.4	2.0%	
Diced Tomato	0.4	2.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	5		3.1
School K-8	5		3.1
Daycare 6-12	5 - #6		3.1
Daycare 3-5	4 - #8		2.5
Daycare 1-2	3 - #12		1.9

<b>Macaroni &amp; Cheese</b>			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Cheese American Loaf	8	40.0%	
Pasta WG Elbow Noodle	4	20.0%	
Mix Cheese Sauce	4	20.0%	
Canned Cheese Sauce	2	10.0%	
Water	2	10.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.2	2.4
School K-8	6	1.2	2.4
Daycare 6-12	5 - #6	1	2
Daycare 3-5	4 - #8	0.8	1.6
Daycare 1-2	3 - #12	0.6	1.2

<b>Chicken Dressing Cass.</b>			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Chicken Meat Diced	8	40.0%	
Stuffing Mix Cornbread	8	40.0%	
Mix Chicken Gravy	4	20.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6		2.4
School K-8	6		2.4
Daycare 6-12	5 - #6		2
Daycare 3-5	4 - #8		1.6
Daycare 1-2	3 - #12		1.2