



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
3	Beef Hot Dog - CN Green Peas Fruit Cocktail WG Hot Dog Bun Milk	4	Beef Patty in Marinara Diced Potatoes Fresh Pear WG Dinner Roll Milk	5	WG Chicken Nuggets - CN Carrot Coins Fresh Apple Milk	6	WG Macaroni & Cheese w/ Beef Mixed Greens Side Salad Ranch Dressing Fresh Banana Milk	7	Chicken Breast w/ Cordon Bleu Sauce Broccoli Apricot Halves WG Dinner Roll Milk
10	BBQ Pork Rib Patty Sandwich - CN Carrot Coins Pineapple Tidbits WG Mini Hoagie Bun Milk	11	Beef Taco Joe Sandwich Potato Wedges Fresh Pear WG Hamburger Bun Milk	12	Meatballs with Stroganoff Sauce - CN Twice Baked Mash Potatoes Fresh Banana WG Bread Slice Milk	13	Pulled Chicken & Cheese Tacos Shredded Cheese Corn Fresh Orange WG Tortilla Shell Milk	14	Sliced Turkey & Amer. Cheese(.67oz) on WG Bun Potato Salad Fresh Apple Milk
17	Chicken Breast in Country Gravy Mashed Potatoes Applesauce WG Dinner Roll Milk	18	Chicken & Waffles! WG Chicken Tenders WG Belgian Waffle Diced Sweet Potatoes Fresh Pear Milk	19	Fiesta Beef, Tortilla & WG Rice Casserole Mixed Greens Side Salad Ranch Dressing Fresh Orange Milk	20	Sloppy Joe Sandwich Coleslaw Fresh Apple WG Hamburger Bun Milk	21	Turkey Tetrizzini w/ WG Spaghetti Green Peas Fresh Banana Milk
24	Meatballs in Marinara - CN Broccoli Fruit Cocktail WG Breadstick Milk	25	WG Chicken Nuggets - CN Peas & Carrots Fresh Apple Milk	26	Cheeseburger - CN American Cheese BBQ Baked Beans Fresh Banana WG Hamburger Bun Milk	27	Sliced Turkey & Amer. Cheese(.67oz) on WG Bun Steakhouse Potato Salad Fresh Pear Milk	28	WG Macaroni & Cheese Mixed Vegetables Fresh Orange Milk

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Mac & Cheese w/ Beef				
BATCH YIELD (LBS)	20			
INGREDIENTS (LBS)				
Cheese American Loaf	4	20.0%		
Pasta WG Elbow Noodle	5	25.0%		
Mix Cheese Sauce	5	25.0%		
Canned Cheese Sauce	2	10.0%		
Beef Ground Precooked	4	20.0%		
Nutritional Equivalencies				
	Serving (oz)	Grain (oz)	Meat (oz)	
School 9-12/Adult	6	1.5	2.4	
School K-8	6	1.5	2.4	
Daycare 6-12	5	1.2	2	
Daycare 3-5	4	1	1.6	
Daycare 1-2	3	0.7	1.2	

Taco Joe				
BATCH YIELD (LBS)	20			
INGREDIENTS (LBS)				
Beef Ground Precooked	16	80.0%		
Tomato Paste	1	5.0%		
Diced Onion	0.8	4.0%		
Diced Pepper	0.8	4.0%		
Diced Tomato	0.8	4.0%		
Nutritional Equivalencies				
	Serving (oz)	Grain (oz)	Meat (oz)	
School 9-12/Adult	4		3.2	
School K-8	4		3.2	
Daycare 6-12	4		3.2	
Daycare 3-5	3		2.4	
Daycare 1-2	2		1.6	

Fiesta Tortilla Casserole				
BATCH YIELD (LBS)	20			
INGREDIENTS (LBS)				
Beef Ground Precooked	8	40.0%		
Rice Brown	5	25.0%		
Mix Cheese Sauce	2.8	14.0%		
Cheese Sauce, Canned	1.6	8.0%		
Cheese Cheddar/Jack Shred	1.2	6.0%		
Salsa Chunky Mild	1	5.0%		
Veg. Blend Chuckwagon Corn	0.4	2.0%		
Chip Tortilla Strip - Garnish				
Nutritional Equivalencies				
	Serving (oz)	Grain (oz)	Meat (oz)	
School 9-12/Adult	6	1.5	2.4	
School K-8	6	1.5	2.4	
Daycare 6-12	5	1.2	2	
Daycare 3-5	4	1	1.6	
Daycare 1-2	3	0.7	1.2	

Sloppy Joe				
BATCH YIELD (LBS)	20			
INGREDIENTS (LBS)				
Beef Ground Precooked	15.2	76.0%		
Sauce BBQ	2.2	11.0%		
Tomato Paste	1.6	8.0%		
Diced Onion	0.5	2.5%		
Diced Green Pepper	0.5	2.5%		
Nutritional Equivalencies				
	Serving (oz)	Grain (oz)	Meat (oz)	
School 9-12/Adult	4		3	
School K-8	4		3	
Daycare 6-12	4		3	
Daycare 3-5	3		2.2	
Daycare 1-2	2		1.5	

Turkey Tetrazzini				
BATCH YIELD (LBS)	20			
INGREDIENTS (LBS)				
Turkey Meat Diced	8	40.0%		
Pasta WG Spaghetti Noodles	4	20.0%		
Cream Base Mix	3.4	17.0%		
Alfredo Sauce Mix	3.4	17.0%		
Diced Onion	0.4	2.0%		
Diced Pepper	0.4	2.0%		
Sliced Mushrooms	0.4	2.0%		
Nutritional Equivalencies				
	Serving (oz)	Grain (oz)	Meat (oz)	
School 9-12/Adult	6	1.2	2.4	
School K-8	6	1.2	2.4	
Daycare 6-12	5	1	2	
Daycare 3-5	4	0.8	1.6	
Daycare 1-2	3	0.6	1.2	

Macaroni & Cheese				
BATCH YIELD (LBS)	20			
INGREDIENTS (LBS)				
Cheese American Loaf	8	40.0%		
Pasta WG Elbow Noodle	4	20.0%		
Mix Cheese Sauce	4	20.0%		
Canned Cheese Sauce	2	10.0%		
Water	2	10.0%		
Nutritional Equivalencies				
	Serving (oz)	Grain (oz)	Meat (oz)	
School 9-12/Adult	6	1.2	2.4	
School K-8	6	1.2	2.4	
Daycare 6-12	5	1	2	
Daycare 3-5	4	0.8	1.6	
Daycare 1-2	3	0.6	1.2	