

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
3	Fiesta Tortilla Cass. w/ Beef & WG Rice Green Peas Tropical Fruit Milk	4	Cheeseburger - CN American Cheese Slice Green Beans Fresh Apple WG Hamburger Bun Milk	5	WG Breaded Fish Wedge Sandwich - CN Cheesy Hashbrowns Fresh Pear WG Hot Dog Bun Tartar Sauce PC Milk	6	Sweet & Sour Chicken Breast - CN Broccoli & Cauliflower Sliced Peaches WG Dinner Roll Milk	7	Cheese Omelet-CN in Cheese Sauce Breakfast Potatoes Fresh Orange WG Bread Slice Milk
10	WG Breaded Chicken Sandwich - CN Green Beans Apricot Halves WG Hamburger Bun Milk	11	Sloppy Joe Sandwich Potato Wedges Fruit Cocktail WG Hamburger Bun Milk	12	Chicken Breast & Chicken Gravy Mashed Potatoes Fresh Apple WG Bread Slice Milk	13	WG Chicken Nuggets-CN Mixed Vegetables Fresh Orange Milk	14	WG Mac & Cheese Mixed Greens Side Salad Ranch Dressing Fresh Pear Milk
17	Happy St. Pat's Day! Beef & Tater Tot Casserole Carrot Coins Diced Peaches WG Dinner Roll Milk <i>Bonus Holiday Treat!</i>	18	WG Chicken Tenders - CN Peas Fresh Orange Milk	19	Hamburger Patty - CN Cheesy Mash Potatoes Sliced Peaches WG Hamburger Bun Milk	20	WG Spaghetti with Beef Sauce Mixed Greens Side Salad Ranch Dressing Fresh Pear Milk	21	WG Breaded Fish & Cheese Sandwich Coleslaw Fresh Apple WG Hamburger Bun Tartar Sauce PC Milk
24	Meatballs in Brown Gravy - CN Broccoli Cuts Sliced Pears WG Dinner Roll Milk	25	Chicken Breast in Marinara Sauce - CN Garlic Whipped Potatoes Diced Peaches WG Breadstick Milk	26	Beef & Cheese Taco Taco Meat Shredded Cheese Corn Fresh Pear WG Tortilla Shell Milk	27	WG Chicken Nuggets - CN Potato Salad Fresh Orange Milk	28	Cheesy Tuna & WG Mac Casserole Mixed Vegetable Fresh Apple Milk
31	Hamburger - CN Scalloped Potatoes Pineapple Tidbits WG Hamburger Bun Milk	1	Cheesy Chicken Breast - CN Mashed Potatoes Fresh Orange WG Dinner Roll Milk	2	BBQ Pork Rib Patty - CN Diced Sweet Potatoes Fresh Apple WG Mini Hoagie Bun Milk	3	Beefy WG Mac Casserole Corn Strawberries & Peaches Milk	4	Cheese Ravioli & Marinara Sauce Mixed Greens Side Salad Ranch Dressing Fresh Pear Milk



Fiesta Tortilla Casserole			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	8	40.0%	
Rice Brown	5	25.0%	
Mix Cheese Sauce	2.8	14.0%	
Cheese Sauce, Canned	1.6	8.0%	
Cheese Cheddar/Jack Shred	1.2	6.0%	
Salsa Chunky Mild	1	5.0%	
Veg. Blend Chuckwagon Com	0.4	2.0%	
Chip Tortilla Strip - Garnish			
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.5	2.4
School K-8	6	1.5	2.4
Daycare 6-12	5 - #6	1.2	2
Daycare 3-5	4 - #8	1	1.6
Daycare 1-2	3 - #12	0.7	1.2

Sloppy Joe			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	15.2	76.0%	
Sauce BBQ	2.2	11.0%	
Tomato Paste	1.6	8.0%	
Diced Onion	0.5	2.5%	
Diced Green Pepper	0.5	2.5%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	4		3
School K-8	4		3
Daycare 6-12	4 - #8		3
Daycare 3-5	3 - #12		2.2
Daycare 1-2	2 - #16		1.5

Macaroni & Cheese			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Cheese American Loaf	8	40.0%	
Pasta WG Elbow Noodle	4	20.0%	
Mix Cheese Sauce	4	20.0%	
Canned Cheese Sauce	2	10.0%	
Water	2	10.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.2	2.4
School K-8	6	1.2	2.4
Daycare 6-12	5 - #6	1	2
Daycare 3-5	4 - #8	0.8	1.6
Daycare 1-2	3 - #12	0.6	1.2

Beef & Tater Tot Casserole			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Ground Beef Precooked	8	40.0%	
Soup Mushroom	4.8	24.0%	
Mix Cheese Sauce	2.6	13.0%	
Canned Cheese Sauce	2.6	13.0%	
Green Bean	2	10.0%	
Tator Tots - 1 Layer Tops Every Pan			
Shred Cheese - 1 Layer Tops Every Pan			
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6		2.4
School K-8	6		2.4
Daycare 6-12	5 - #6		2
Daycare 3-5	4 - #8		1.6
Daycare 1-2	3 - #12		1.2

Spaghetti & Meat Sauce			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	10	50.0%	
Pasta WG Spaghetti Noodles	4	20.0%	
Sauce Spaghetti Red. Sodium	6	30.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.2	3
School K-8	6	1.2	3
Daycare 6-12	5 - #6	1	2.5
Daycare 3-5	4 - #8	0.8	2
Daycare 1-2	3 - #12	0.6	1.5

Tuna Macaroni & Cheese			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Cheese American Loaf	4	20.0%	
Pasta WG Elbow Noodle	4	20.0%	
Mix Cheese Sauce	4	20.0%	
Meat Tuna Light Pouch	4	20.0%	
Sauce Cheese Canned	4	20.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.2	2.4
School K-8	6	1.2	2.4
Daycare 6-12	5 - #6	1	2
Daycare 3-5	4 - #8	0.8	1.6
Daycare 1-2	3 - #12	0.6	1.2

Beef Macaroni Casserole			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	8	40.0%	
Pasta WG Elbow Noodle	5	25.0%	
Sauce Tomato	3	15.0%	
Mix Gravy Brown	4	20.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.5	2.4
School K-8	6	1.5	2.4
Daycare 6-12	5 - #6	1.2	2
Daycare 3-5	4 - #8	1	1.6
Daycare 1-2	3 - #12	0.7	1.2